

New Year, New You

GOOD ATHLETIC TEAM
 MUSCLES LIFE SILHOUETTE SUPER
 ACTIVITY WELLNESS GYM
 SILHOUETTE HEALTHINESS
 GYM VITAL PROPORTION VITAL SPORT LIFE
 COMMUNITY
 STRENGTH INDIVIDUAL WELLNESS
 AEROBICS CONSONANCE AEROBICS
 WELLNESS PEOPLE ATHLETIC ENERGY PHYSICAL BODY
 INDIVIDUAL GOOD SILHOUETTE COMMUNITY
 VITAL TRAINER HEALTH TEAM NUTRITION HEALTHINESS
 MUSCLES CONSONANCE STRENGTH LIFE PEOPLE
 NUTRITION PROPORTION VITAL WELLNESS ENERGY SUPER
 LIFE HEALTHINESS ATHLETIC SILHOUETTE INDIVIDUAL
 GYM HEALTHY FORM VITAL SPORT
 SILHOUETTE COMMUNITY WELLNESS INDIVIDUAL FORM PHYSICAL
 CONSONANCE ENERGY STRENGTH ATHLETIC
 HEALTHINESS PROPORTION VITAL

Rejuvenation/Wellness

PHYSICAL HEALTHINESS SILHOUETTE
 ATHLETIC BODY SUPER TEAM GROUP
 GROUP WELLNESS VITAL
 CONSONANCE COMMUNITY
 GYM LIFE SPORT VITAL PROPORTION LIFE
 TEAM PEOPLE WEIGHT INDIVIDUAL HEALTHINESS
 AEROBICS CONSONANCE GOOD
 COMMUNITY ENERGY ATHLETIC BODY
 SILHOUETTE GOOD INDIVIDUAL PHYSICAL HEALTHINESS
 NUTRITION TEAM HEALTH COMMUNITY LIFE WELLNESS
 SUPER CONSONANCE MUSCLES MUSIC
 VITAL PROPORTION NUTRITION GYM
 HEALTHINESS STRENGTH AEROBICS
 HEALTHY WEIGHT PROPORTION INDIVIDUAL
 PROPORTION SPORT MUSCLES CONSONANCE
 FORM SILHOUETTE HEALTH WELLNESS VITA

Story & Ad Clicks Thru to Client Website

Free Story with
Qualifying Ad

January
FORT BEND
focus
 Community eZine

January/February
 absolutely!
BRAZOS
 Community eZine

absolutely!
KATY
 Community eZine

To Advertise: 713.501.8894 • gena@absolutelyfocusmedia.com



**Space & Story Deadline:
December 10th**

Special Advertising Section Ad Rates • December

FULL PAGE	HALF PAGE	1/3 PAGE	1/4 PAGE	1/6 PAGE
\$1,780	\$940	\$625	\$475	\$310
(7.25 x 9.75)	(7.25 x 4.75)	(4.75 x 4.75)	(3.5 x 4.75)	(4.75 x 2.25)
Includes a 250 word story	Includes a 250 word story	Includes a 250 word story	Ad Only No Story	Ad Only No Story

www.fortbendfocus.com

**Ask
about our
Combo
Rates!**



**Space & Story Deadline:
December 15th**

Special Advertising Section Ad Rates • January/February

FULL PAGE	HALF PAGE	1/3 PAGE	1/4 PAGE	1/6 PAGE
\$895	\$455	\$325	\$265	\$155
(7.25 x 9.75)	(7.25 x 4.75)	(4.75 x 4.75)	(3.5 x 4.75)	(4.75 x 2.25)
Includes a 250 word story	Includes a 250 word story	Includes a 250 word story	Ad Only No Story	Ad Only No Story

[www.absolutelybrazos](http://www.absolutelybrazos.com) • www.absolutelykaty.com

Sample 250 Word Story

Not Fit? No Problem!

Healthy is an outfit that looks good on every woman! Femina Fit offers an unparalleled experience with programs that promote the health and fitness goals of all members.

Reawaken the body with cutting-edge fitness services including group classes like Barre, Dance-Fusion, Zumba, FlexFit, Cardio Kickbox, Muscle Conditioning and Yoga. In addition, Femina Fit also offers C-Fit, a six-week program that will help members slim down and tone up! It is an all-encompassing regiment of nutrition, training and fitness coaching. C-Fit helps reduce lower back pain and increase core strength post-pregnancy. Get that body back!

Reenergize with one-on-one health coaching and personal nutrition. Femina Fit's specialized attention to every area that plays a part in fat loss, muscle gain or both is the key to success. Proper food intake can be achieved by understanding how everything one eats and drinks can either positively or negatively affect their goal.

Rejuvenate with day spa services like full-body massages to promote relaxation, enhance circulation and relieve muscle pain. Enjoy innovative, power-packed facials to protect skin and redefine beauty. Complete the full-body package with body exfoliation, detoxifying wraps, beauty care and waxing.

No matter the goal – from losing weight to improving athletic performance – Femina Fit strives to deliver the best experience, people and programs to help clients get fit and feel great! Femina Fit is located at 16305 Kensington Drive, Suite 270 in Sugar Land.

For more information, call 832-886-4339 or visit www.feminafit.com.

- Title
- 250 word story
- Third person point of view
- Concludes with contact information